

FOR IMMEDIATE RELEASE

Contact: Michelle Pipia-Stiles  
212/523-4044

**ST. LUKE'S AND ROOSEVELT HOSPITALS RECEIVES  
\$2.5 MILLION GRANT -- \$500,000 A YEAR FOR FIVE YEARS,  
TO ESTABLISH CITY-WIDE INITIATIVE, "MANAGEMENT AND  
EDUCATION FOR DIABETES IN NEW YORK CITY"**

***Primary Care Physicians to Screen all Patients at Point of Service for Pre-Diabetes in  
Attempt to Slow Down the Progression of the Disease with Early Intervention***

New York, NY (September 16, 2010) St. Luke's and Roosevelt Hospitals Divisions of Endocrinology, General Medicine and Geriatrics have received a \$2.5 million grant -- \$500,000 a year for five years, co-funded by the Centers for Disease Control (CDC) and the National Institutes of Health (NIH), to establish a new program called "Management and Education for Diabetes in New York City," (MED-NYC) which would be carried out at various primary care facilities throughout Manhattan's west side. Partner institutions, St. Luke's and Roosevelt Hospitals, were among one of only five hospitals in the country and the only one in New York State to receive grant money for the Management and Education for Diabetes project.

Jeanine Albu, M.D., Senior Attending Physician and Associate Chief, Division of Endocrinology, Nutrition and Metabolism at St. Luke's Hospital and the Principal Investigator of MED-NYC and its affiliated study says, "We are delighted to receive this grant from the CDC and the NIH. It will allow us to establish a consistent health system practice where our primary care physicians will screen all patients for type 2 diabetes at point of service. If patients are at risk of developing diabetes, we will offer education on how one can reduce those risks and provide early intervention as needed to those who are newly diagnosed. It is our hope that if we provide early intervention to those who are at risk of developing the disease, we might be able to delay the progression."

Most of the funding from the grant will be used to implement a uniform electronic medical records system (EMR) over the next year to identify patients who are at risk of developing diabetes, screen those patients with a hemoglobin A1C test, and to provide patients and their primary care physicians with resource information and education on how to reduce the risk of developing the disease. The EMR will initially be established at St. Luke's and Roosevelt Hospitals' primary care faculty practice, University Medical Practice Associates (UMPA). UMPA will work closely other health systems on the west side who have implemented the EMR system, including the Ryan Centers (RC) and at New York City Department of Health (NYCDOH) Primary Care Initiative - sponsored private practices. "This presents the opportunity to form a clinical network where well worked out changes in health policy and care design can easily be implemented and tested," says Brenda Matti-Orozco, MD., Chief of the Division of Geriatrics at St. Luke's and Roosevelt Hospitals and Co-Investigator of the diabetes study. "In addition to setting up the EMR system, we will complete the development of a standard diabetes management system (SDMS) which will contain the new feature of using a screening questionnaire for detecting individuals at risk of developing type 2 diabetes and a prompt to order an A1C test for those identified to be at risk as well as an enhanced management and education for diabetes system (EMEDS) which will include elements of the Chronic Care Model and will guide patients at risk toward incorporating evidence-based lifestyle changes proven to prevent type 2 diabetes."

The major goal of the project, which is expected to reach approximately 4,000 patients, is to examine whether implementation of the enhanced management and education for diabetes system across a network of primary care practices that serve a large New York City population will be successful in reducing diabetes progression in those patients who have pre-diabetes or are newly diagnosed with diabetes through the screening system.

For more information about the study and a listing of participating west side primary care facilities, please call 212/523-4165.

###

You can follow the latest happenings and announcements at the Continuum Health Partners hospitals by visiting our Facebook pages at:

[www.facebook.com/BethIsraelMedicalCenterNYC](http://www.facebook.com/BethIsraelMedicalCenterNYC)

[www.facebook.com/StLukesHospitalNYC](http://www.facebook.com/StLukesHospitalNYC)

[www.facebook.com/RooseveltHospitalNYC](http://www.facebook.com/RooseveltHospitalNYC)

You also can get helpful information about our hospitals, and important health tips from our nationally and internationally renowned physicians, by visiting our YouTube sites at:

[www.youtube.com/BethIsraelNYC](http://www.youtube.com/BethIsraelNYC)

[www.youtube.com/StLukesHospitalNYC](http://www.youtube.com/StLukesHospitalNYC)

[www.youtube.com/RooseveltHospitalNYC](http://www.youtube.com/RooseveltHospitalNYC)