



Beth Israel Medical Center  
Beth Israel Brooklyn  
Roosevelt Hospital  
St. Luke's Hospital  
NY Eye and Ear Infirmary

Continuum Cancer Centers of New York

## Volunteer Today for a Cancer-Free Tomorrow

[www.cancer.org/cps3](http://www.cancer.org/cps3)

**Continuum Cancer Centers of New York** and the **American Cancer Society** are partnering in a historic nationwide study that will help researchers better understand the genetic, environmental and lifestyle factors that cause or prevent cancer.

Cancer Prevention Study-3 (CPS-3) is the newest cohort study coordinated through American Cancer Society's Epidemiology Research Program. CPS -1 and CPS -2 have been paramount in understanding the role of obesity, nutrition, and physical activity in cancer prevention.

Results helped to establish various relationships between lifestyle, environment, genetics and cancer risk including:

- Smoking and lung cancer · Obesity and risk of various types of cancer
- Physical activity and cancer prevention · Sitting time and premature death
- Red and processed meat and colon cancer risk · Fruits and vegetables and cancer prevention
- Other nutritional factors and cancer risk/benefits

**CCNY** is Hosting 4 CPS-3 participant enrollment sessions. The dates are:

- **Tuesday, April 30<sup>th</sup> 9:00am-1:00pm PACC-Conf. Rms. 1-3**
- **Tuesday, April 30<sup>th</sup> 2:00pm-6:00pm at BICCC- West Campus- Main Conf Room**
- **Wednesday, May 1<sup>st</sup> 11:00am-3:00pm at Petrie Campus- Bernstein Pavilion –Reception Area**
- **Friday, May 3<sup>rd</sup> 10:00am-2:00pm at Roosevelt Hospital-Conf Rm. B, Second Floor**

### **Our call to action is simple; we need staff to enroll:**

❖ Visit [www.cancer.org/cps3](http://www.cancer.org/cps3) to enroll and schedule your appointment at one of the Continuum Cancer Centers of New York Host Sites.

### **Who can enroll?**

Individuals between the ages of 30-65, with no personal history of cancer (except for basal or squamous cell skin cancers) and who are willing to make a long term commitment to the study.

### **What's involved?**

Step 1 – Register for an enrollment appointment at [www.cancer.org/cps3](http://www.cancer.org/cps3)

Step 2 – Prior to your appointment, fill out the survey emailed to you about your health history.

Step 3 – At your appointment, you will complete a brief survey, provide a waist circumference measurement and provide a small blood sample (7 teaspoons in total) taken by a certified, trained phlebotomist.

Step 4 – Every 2 – 3 years, you will be sent a brief follow up survey to complete and return.

- ❖ ACS will be registering participants 2 days a week beginning in March, April and May.
- ❖ Please promote CPS-3 within your teams and departments.
- ❖ Contact: Jennifer Minchala ([jminchala@chpnet.org](mailto:jminchala@chpnet.org)) or David Pulli (212-237-3843/[david.pulli@cancer.org](mailto:david.pulli@cancer.org)) for flyers,

### **Videos**

<http://www.youtube.com/watch?v=JxqyytR6ZZA>

[http://www.youtube.com/watch?v=L7\\_YX1q1yvY](http://www.youtube.com/watch?v=L7_YX1q1yvY)

<http://www.youtube.com/watch?v=8qYTkEEgHPk>

