

Free!

The Doctor Is In Series

The JCC, St. Luke's and Roosevelt Hospitals' Department of Psychiatry and Behavioral Health have assembled a team of top medical experts to answer questions on important medical issues. *Pre-registration is recommended.*

SEPTEMBER

Understanding Teens: Unravel the Mystery

With Shilpa R. Taufique, PhD, supervising psychologist and director of the Comprehensive Adolescent Rehabilitation and Education Service (CARES) in the Child and Family Institute of St. Luke's and Roosevelt Hospitals, and Shelby J. Semino, PhD, supervising psychologist at CARES.

Thu, Sept 16, 7 pm

OCTOBER

Narcissists In Your Life: Identifying Them and Surviving the Challenge

Narcissism can be a normal, unhealthy or problematic component of personality. Dr Diez provides a basic guide to identifying and successfully dealing with narcissism. Claudia Diez, Ph.D., ABPP is a board certified clinical psychologist, fellow of the American Board of Professional Psychology and supervising psychologist at St. Luke's and Roosevelt Hospitals and assistant clinical professor at Columbia University Medical Center.

Thu, Oct 14, 7 pm

NOVEMBER

Lessons Learned from Treating Addiction: Motivation and Change in Everyday Life

With Petros Levounis, MD, MA, board certified addiction psychiatrist, fellow of the American Psychiatric Association (APA), assistant professor of Clinical Psychiatry at Columbia University College of Physicians and Surgeons, director of the Addiction Institute of NY, and chief of Addiction Psychiatry at St. Luke's and Roosevelt Hospitals.

Thu, Nov 18, 7 pm

DECEMBER

Brain Music Therapy: Use Your Brain Waves To Increase Concentration and Treat Stress, Insomnia, Anxiety and Depression

With Dr. Galina Mindlin, MD, PhD, assistant clinical professor of Psychiatry at Columbia University College of Physicians and Surgeons, and supervising attending physician in the Department of Psychiatry at St. Luke's and Roosevelt Hospitals.

Thu, Dec 16, 7 pm

To register, call
646.505.5708
or visit
jccmanhattan.org



The JCC in Manhattan
334 Amsterdam Ave. New York, NY 10023

**St. Luke's
Roosevelt**

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