Music Therapy: A Vital Component in End of Life Care

Russell K. Portenoy, MD, Beth Israel Medical Center, New York City

Russell Portenoy is Chairman of the Department of Pain Medicine and Palliative Care at Beth Israel Medical Center, and Professor of Neurology at Albert Einstein College of Medicine. He is a past President of the American Pain Society and the recipient of that society's "Wilbert Fordyce Award for Lifetime Excellence in Clinical Investigation" and the "Distinguished Service Award"; he has also received the Founder's Award from the American Academy of Pain Medicine. He currently serves as Secretary of the International Association for the Study of Pain, Vice-Chairman of the American Board of Hospice and Palliative Medicine, and on the Board of Directors of the American Pain Foundation and the National Hospice Foundation. Dr. Portenoy was previously Co-principal Investigator on the American Medical Association's Education of Physicians in End-of-Life Care (EPEC) project and is currently on the steering committee of a national consensus project for best practices in palliative care. He is Editor-in-Chief of the Journal of Pain and Symptom Management, Associate Editor for Clinical Sciences of Pain, and Editor of the Palliative Care sections of Cancer Investigation and The Oncologist. He has written, co-authored or edited 16 books and more than 380 papers on topics related to pain and analgesics, treatments for symptoms other than pain, symptom assessment and quality of life. Dr. Portenoy has recognized and promoted the clinical use of music therapy in end-of-life care at Beth Israel and formerly at Memorial Sloan-Kettering Cancer Center.

Armstrong Music Therapy Program
Beth Israel Medical Center
First Avenue at 16th Street
4 Fierman Hall
New York, NY 10003

A Symposium on
Music Therapy at the End of Life

March 1 and 2, 2004 • Beth Israel Medical Center

KEYNOTE ADDRESS • MONDAY, MARCH 1 • 9:30 AM
Developing Music Therapy Approaches to Pain Management in Hospitalized Children

Jane Edwards, B.Mus., M.Mus., PhD, Irish World Music Center, University of Limerick

Jane Edwards is the Senior Lecturer and Course Director at the Irish World Music Center at the University of Limerick in Ireland. She is a music therapist whose work in the field spans two decades. Her most recent clinical expertise includes music therapy with pediatric burn patients and siblings of children who have cancer. She has founded and developed innovative and unique programs in music therapy including the music therapy program at the Royal Children's Hospital in Brisbane, Australia. Dr. Edwards has developed a variety of music therapy approaches to pain management in hospitalized children. She has been a music therapy course director for the past 11 years, first at the School of Music at The University of Queensland and currently at the Irish World Music Center. She has authored many articles and holds a Guest Professorship at the University of the Arts in Berlin, is a by-fellow of Churchill College, Cambridge and a visiting lecturer at the Faculty of Music, University of Cambridge.

Music Therapy in End of Life Care—Moments in Time...

Susan Munro-Porchet, MA, ACMT, MTA, SFMT, Zurich, Switzerland

Susan Munro-Porchet is a pioneer in music therapy and palliative care. She has practiced for many years in hospice and palliative care settings. Author of "Music Therapy in Palliative/Hospice Care," which was published in 1984, she initiated the first music therapy program at Anbar Institute, Montreal, in 1977, and the first music therapy program at the McGill Palliative Care Service, located at the Royal Victoria Hospital in Montreal. In 1987, she began the first music therapy program in the Department of Oncology, Kantonsspital St. Gallen, Switzerland. Ms Munro-Porchet has been published in numerous journals in the U.S. and Europe. She co-authored with Balfour Mount the cornerstone article in the Canadian Medical Association Journal entitled "Music therapy in palliative care" (119: 1029, 1978). Ms. Munro Porchet has inspired many with her insights and sensitivity in music therapy and end-of-life care.

PRESENTED BY
The Louis and Lucille Armstrong Music Therapy Program
Department of Social Work and Home Care Services

CO-SPONSORED BY
Music Therapy Program, New York University
Hahnemann Creative Arts Therapy Program, Drexel University

LOCATION
Beth Israel Medical Center, Phillips Ambulatory Care Center
10 Union Square East at 15th Street, New York City
(Via Subway: 4, 5, 6, L, N, Q, R, W trains to 14th Street Union Square)
**PROGRAM FOR MONDAY, MARCH 1**

9 am  Registration and Welcome  Joanne Loewy, DA, MT-BC, Beth Israel Medical Center (BIMC), Symposium Chair  
10 am  Concurrent Sessions:  
Clinical Issues in End of Life Music Therapy Training  Deborah Salmon, MA, CMT, Royal Victoria Hospital, Montreal  
The Long Road Home: Music Therapy with Terminal Degenerative Diseases  Connie D’Amato, MA, MT-BC, David Ramsey, MA, MT-BC, Benedikte Schelby, MA, MMEd, CMT, DMPT, Beth Abraham Health Services, NY  
The Use of Lullabies as a Transitive Mode in Ending Life  Joanne Loewy, DA, MT-BC, BIMC, Andrew Stewart, BA, MT-BC, Van Elenberg Cancer Center, Cone Ponce Waish, MD  
11:45 am  Concurrent Sessions:  
Music Therapy at the End of Life State of the Art  Cheryl Diles, PhD, MT-BC, Temple University  
Dawn Dossett, BA, Keynote Hymn, Wysewood, PA  
Interfacing Music therapy with other Creative Arts Modalities in Addictions, Anticipatory Grief and Bereavement in Pediatrics  John Mendenhall, MA, MT-BC, CEAS, Hackensack University Hospital, NJ  
More than Comfort and Joy: Environmental Music Therapy in the ICU  Starl Schneider, MA, MT-BC, Premcor, Bloomfield Hills, MI  
12 noon Lunch  
1 pm  Concurrent Sessions:  
Clinical Improvisation with AIDS Patients at the End of Life  Nigel Harvey, MA, Dip BMH, Churchill Hospital, Oxford  
Multicultural Home-Based Music Therapy in Hospice Care  Rima Joy Song, MA, CMT, Jewish Pavilion Hospital, BIMC  
The Use of Images and Metaphor in Therapist-Composed Music for Patients, Families, Staff and Volunteers in Palliative/Hospice Care  Robert Evans, EdD, MT-BC, RMT, Manor University New Zealand  

**PROGRAM FOR TUESDAY, MARCH 2**

9 am  Registration & Welcome  Finn Silberman, ACSW, Beth Israel Medical Center (BIMC)  
10 am  Concurrent Sessions:  
Music Therapy Approaches for Alzheimer’s Patients at the End of Life  Laura Patten, BA, MT-BC, Kat Harris, MMEd, MT-BC, PhD, cand, Temple University, Philadelphia, PA  
In-Between: Music Therapy with Patients in Heart Failure and Awaiting a Transplant  Cheryl Diles, PhD, MT-BC, Michael Zanders, MMT, MT-BC, Temple University Hospital  
Opening to an Expanded Clinical Use of Voice and Improvisation: Concepts and Applications  Yvonne Elizabeth Cadbury BMT, MA, RMT, Temple University  
11:45 am  Concurrent Sessions:  
Music Meditation  Michelle Chosnet, BM, MA Cand, NYU  
Michelle Duncan, BA, MA Cand, NYU  
Sarah Gagnum, Loyola University, LA  
Brain Sobek, Berkley College of Music (BIMC Intern Team)  
12 noon Lunch  
1 pm  Concurrent Sessions:  
Songs from Threatened Lives: The Relevance of Song Writing and Pre-composed Music Therapy Techniques  Clare O’Callaghan, PhD, FAMI, Peter MacCallum Cancer Center, Melbourne, Australia  
Music Therapy: A Means to Meet Patients’ Spiritual Needs  Louise Nagel, MA, MT-BC, Memorial Sloan-Kettering Cancer Center, NYC  
When the Music Stops: Improvisation as Subliminal Exposure as a Tool in the Treatment of Depression  Colin Andrew Lee, PhD, Wilfred Laurier University, Canada  
Enhancing Quality of Life for People Diagnosed with a Terminal Illness  Russell E. Hilliard, PhD, LCSW, MT-BC, SUNY New Paltz, NY  
Lift Thine Eyes: Music Used as a Transitional Element in Passage  Joanne Loewy, DA, MT-BC, Terr Alixus, ACSTM, and Margaret Dietrich, RN, BIMC  
Music Therapy to Enhance Coping in Terminally Ill Adults Cancer Patients  Susan H. Hensel, EdD, MT-BC, Berkley College of Music (BIMC Intern Team)  
Ends:–Music Therapy in End-of-Life Care- Moments in Time...  Susan Mauer-Penno, MA, ACMT, MTA, SENM, Zurich, Switzerland  

**ACCOMMODATIONS**

Seafarers and International House 123 East 15th Street, New York City  
Located near Union Square and accessible from the 4,5,6, L,N,Q,R,W trains $75-105 per night  
The Leo House 322 West 23rd Street, New York City  
Located between Eighth and Ninth Avenues and accessible from the A, C, E trains $65-85 per night

**REGISTRATION**

Complete, detach and return form below. Deadline is February 25. Space is limited. Some on-site registration will occur. Call (212) 420-3484 to see if space is available after February 25.

Clip and complete registration form (below), then send it with your check to: Joanne Loewy, DA, MT-BC  Beth Israel Medical Center  590 First Avenue at 16th Street, 4 Ferrman Hall  New York, NY 10008  

**CLIP ALONG DOTTED LINE**

**PLEASE MAKE CHECKS PAYABLE TO: ARMSTRONG MUSIC THERAPY PROGRAM**

**PLEASE INDICATE WHICH DAY(S) YOU WILL ATTEND:**

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* CEU’s or CME’s per day  • Certificates available at Symposium